

Newsletter



School Newsletter 4.9.26

Dear Parents/Carers

A very warm welcome back to all our children, families and staff as we begin a new school year! I hope you have all had a wonderful and restful summer break and enjoyed some special time together.

It has been wonderful to welcome the children back, and we are really looking forward to the term ahead and all the exciting learning, experiences and opportunities it will bring.

A very special welcome to our new Reception children and their families. It was lovely to see them all settling so well yesterday, and we were so proud of how confidently they began their first day with us. We are very much looking forward to getting to know them and watching them grow and flourish throughout their time at Lynsted & Norton Primary.

We look forward to working together to make this a happy and successful term for all our children.

Mrs Bowler



Events coming up:

Monday 7th to Friday 11th - Year R children in from 8.40 - 1.15 this week

Thursday 10th - Kent Test for Year 6's signed

Monday 14th - Year R children in full time - 8.40 - 3.15 from this week

Foxes Class

Welcome back, everyone! 🎉



I hope you've had a fantastic summer and are feeling refreshed, excited and ready for a brilliant new school year.

This year is going to be full of learning, challenges, laughter and new adventures. Whether you're in Year 5 or Year 6, you all have an important part to play in making our classroom a happy, respectful and a place in which to thrive.



Believe in yourself, be curious, be kind and never be afraid to have a go!

HEDGEHOGS CLASS



It is lovely to have Hedgehogs back at school after a long, scorching summer break! We also have some new additions to our class this year, and I have no doubt they will settle into Hedgehogs happily and quickly!

We are beginning the term by exploring our new text, 'The Tunnel' by Anthony Browne, and will be working towards writing our own narratives based on this text. We will be looking at conjunctions, direct speech, revising sentence structure and past tense this term in English.

In maths, we will begin the term with place value, leading onto addition and subtraction, using various methods including dienes and number lines.

We will be revisiting countries and continents in geography to secure our knowledge, as well as comparing human and physical features. Then, towards the end of term we will consider ways that we can help to look after our environment.

DUCKLINGS CLASS

A very warm welcome to all our new Reception children and our returning Year 1 children! It has been wonderful to see so many happy faces as the children settle back into school and begin a new and exciting year of learning.

We are especially pleased to welcome our new Reception children and their families to our school community. Starting school is such a special milestone, and we are looking forward to watching the children grow in confidence, make new friends and discover lots of exciting things along the way.

It has also been lovely to welcome our Year 1 children back. They have returned ready to learn, explore and take on new challenges, and we are excited to see all they will achieve this year.

We hope everyone has a fantastic year filled with fun, friendship, learning and lots of wonderful memories!



100% Attendance	0 Days Missed
95% Attendance	9 Days Absence 1 week & 4 days of learning missed
90% Attendance	19 Days Absence 3 weeks & 4 days of learning missed
85% Attendance	28 Days Absence 5 weeks & 3 days of learning missed
80% Attendance	38 Days Absence 7 weeks & 3 days of learning missed
75% Attendance	46 Days Absence 9 weeks & 1 day of learning missed

Attendance changes from the Department of Education From August 2024				
PER PARENT/CARER, PER CHILD	FIRST OFFENCE	SECOND OFFENCE	THIRD OFFENCE (within a 3 year period)	5 CONSECUTIVE DAYS OF TERM TIME ABSENCE FROM SCHOOL
Penalty Notices will be issued to each parent/carer, for each child that was absent. FOR EXAMPLE 3 siblings absent for term time leave Each parent/carer will receive 3 separate fines. 5 school days = 10 sessions (AM and PM mark)	The first time a Penalty Notice is issued for term time leave or irregular school attendance, the amount will be: £160 per parent/carer, per child, paid within 28 days. REDUCED to £80 per parent, per child if paid within 21 days	The second time a Penalty Notice is issued for term time leave or absence or irregular school attendance the amount will be: £160 per parent/carer, per child paid in 28 days (PLEASE NOTE THERE IS NO OPTION FOR A REDUCED AMOUNT ON A SECOND OFFENCE)	The third time an offence is committed for term time leave of absence or irregular school attendance within a 3 year period by the same parent/carer, for the same child, a Penalty Notice WILL NOT be issued and the case will be referred to Kent County Council's Attendance Team for PROSECUTION which may result in fines of up to £2500 per parent per child.	Penalty Notices may also be issued for any term time absences that are unauthorised whether these absences are taken consecutively or cumulatively over a rolling period of 10 weeks. All parents/carers are encouraged to inform the school of the absence and the reasons for their child's absence everyday.

Herne Bay Junior School

ATTENDANCE

On time, **NOT LATE!**

Teaches good habits
Helps us learn
Long-term impact
Positive impact on learning
Strong friendships
Positive behaviour
No embarrassment
No disrupting others
No over-whelm
Strong communication with class staff
Smooth transition

They deserve a calm start!

On time, every day, ready to learn!

BE IN TO WIN! **OC MAT** EVERY DAY COUNTS!

ATTENDANCE MATTERS!

Be here. Be ready. Be your best!

When you attend school every day, you...

- BELONG** Feel part of your school community
- GROW** Learn new things and build skills
- ACHIEVE** Do your best and reach your goals
- THRIVE** Boost your wellbeing and self-confidence
- SUCCEED** Open doors to amazing opportunities in your future

HOW DOES YOUR ATTENDANCE ADD UP?

- 100%** 8 DAYS MISSED
OUTSTANDING! You're on track for success!
- 95%** 9 DAYS MISSED
GREAT! You're doing really well!
- 90%** 19 DAYS MISSED
AT RISK Missing more days makes it harder to succeed.
- 85%** 28 DAYS MISSED
SERIOUS CONCERN You are missing valuable learning and falling behind.
- 80%** 38 DAYS MISSED
CRITICAL You are missing too much school - your future is at risk.

Small moments = BIG FUTURES
Attend today, achieve tomorrow!

WE ARE OC MAT

Our values guide everything we do
Our values guide everything we do
Our values guide everything we do
Our values guide everything we do
Our values guide everything we do

SHOW UP. STAND OUT. MAKE AN IMPACT!



Dear Parents and Carers,

We would like to remind all families that holidays during term time are not permitted, in line with national and local authority guidance. Regular attendance is vital for your child's education, and we appreciate your support in ensuring that they are in school whenever possible.

Requests for leave during term time will only be authorised in exceptional circumstances and **must** be requested in advance. Please note that informing the school of a planned absence is not the same as seeking permission, and retrospective approval cannot be granted.

Our full Attendance policy is available on the school website.

If you have any questions, please don't hesitate to contact me via your school office.

Thank you for your continued support and understanding.

Amanda Adcock
Trust Attendance Manager



NHS.uk, Healthy Child, Healthy Future

Should I keep my child off school?

Yes

At least 1 day from the school if they are ill and cannot return home immediately

At least 2 days from the school if they are ill and cannot return home immediately

At least 3 days from the school if they are ill and cannot return home immediately

At least 4 days from the school if they are ill and cannot return home immediately

At least 5 days from the school if they are ill and cannot return home immediately

At least 6 days from the school if they are ill and cannot return home immediately

At least 7 days from the school if they are ill and cannot return home immediately

At least 8 days from the school if they are ill and cannot return home immediately

At least 9 days from the school if they are ill and cannot return home immediately

At least 10 days from the school if they are ill and cannot return home immediately

No

Just make sure you tell their school or nursery

Advice and guidance
To find out more, search for health guidance on the NHS.uk website or call the NHS 111 line on 111. <https://www.nhs.uk>



DON'T FORGET TO FOLLOW US ON OUR FACEBOOK PAGE AND KEEP UP TO DATE

ON ALL EVENTS AND NEWS WE SHARE

<https://www.facebook.com/profile.php?id=61566905611376>

SCHOOL UNIFORM AND P E KITS

Please can we remind you that the correct colour of school uniform and PE kits must be worn to school.

- Bottle green sweatshirt or cardigan*
- White or green shirt/polo shirt
- Dark grey trousers/shorts/skirt/pinafore
- Green and white summer dress
- Green fleece (optional – for outdoor wear)*
- White or grey socks
- School shoes (not trainers or boots)

P E KITS

Should only be Plain House colour tshirt in Blue, Purple / Yellow, Red or Green depending on the house your child is in

Black jogging trousers/leggings, or knee length shorts (not hot pants)

Black jumper

Trainers

Please do not send your child in wearing multi coloured, branded or inappropriate clothing, please leave these for outside of school



'Free School Uniform Hub'

Available Friday mornings
from 10-4

find them on Facebook for more
information

They are located at the rear of
Sittingbourne Methodist Church
High Street Sittingbourne

P E DAYS

Ducklings - Wednesday
Hedgehogs - Wednesday and Friday
Foxes - Wednesday and day TBC



HOUSES

Dover - Blue
Rochester - Red
Hever - Green
Walmer - Yellow or Purple

Term 1:	
Tuesday 1st September 2026	INSET DAY – school closed to child
Wednesday 2nd September 2026	INSET DAY – school closed to child
Thursday 3rd September 2026	Term 1 starts
Friday 23rd October 2026	Term 1 ends
Monday 26th October to Friday 30th October 2026	Half Term
Term 2:	
Monday 2 November 2026	INSET DAY – school closed to child
Tuesday 3rd November 2026	Term 2 starts
Friday 18th December 2026	Term 2 ends
Monday 21st December 2026 to Friday 1st January 2027	Christmas Holidays
Term 3:	
Monday 4th January 2027	Term 3 starts
Friday 12th February 2027	Term 3 ends
Monday 15th February to Friday 19th February 2027	Half Term
Term 4:	
Monday 22nd February 2027	Term 4 starts
Thursday 25th March 2027	Term 4 ends
Friday 26th March to Friday 9th April 2027	Easter Holidays
Term 5:	
Monday 12th April 2027	Term 5 starts
Monday 3rd May 2027	Bank Holiday (UK) school closed
Thursday 27th May 2027	Term 5 ends
Friday 28th May 2027	INSET DAY – school closed to child
Monday 31st May to Friday 4th June 2027	Half Term
Term 6:	
Monday 7th June 2027	INSET DAY – school closed to child
Tuesday 8th June 2027	Term 6 starts
Wednesday 21st July 2027	Term 6 ends



Kent Fire and Rescue Service has launched a brand new YouTube Kids mini-series, 'Be Safe with Us'.

We know children love watching their favourite programmes and videos, so we've created something that's both fun and educational!

Our short videos are designed to help teach children important safety skills including understanding fire engines, what to do in an emergency, and the importance of smoke alarms.

They're a great way for the family to learn together about staying safe at home. We hope you enjoy them!

You can watch the videos here: <https://www.kent.fire-uk.org/besafewithus>



The Tuck Shop



The Tuck Shop
Will re-open next Friday 11 September
after school

Don't forget your change
Everything is 50p
(some items 3 for 50p)



All proceeds go back into the school
So far we have put money towards
* books for the school
* PE Equipment
* playtime games and toys

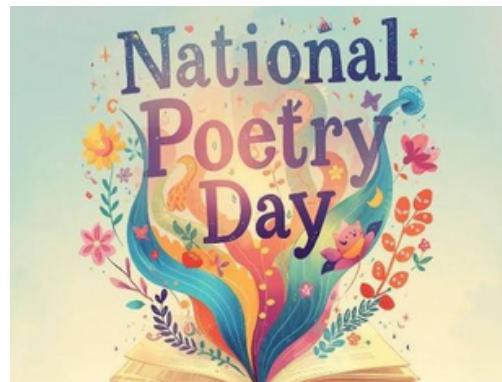


In October we will be celebrating National Poetry Day
with all of the schools in the Trust
Thursday 1 and Thursday 8 October 2026

We will be holding

- *National Poetry day activities on 1 October
- *OCMAT Poetry Competition
- *Published book with winning entries included
- *Trust Wide Celebration Assembly on 8 October

More information to follow



Self-Care September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time
7 Give yourself permission to say 'no'	8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one
14 If you're busy, allow yourself to pause and take a break	15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories
21 Don't compare how you feel inside to how others appear outside	22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans
 28 Choose to see your mistakes as steps to help you learn	29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are				

WINGS & WHEELS WEEKEND 2026

| 12TH & 13TH SEPTEMBER | 10AM TO 4PM |
RAF MANSTON HISTORY MUSEUM CT12 5DF



Climb in the Cockpits



BOOK HERE



Fire Engine Rides



Tank Rides



Loads of Vehicles



Museum Entry

OPTIONAL PRE-BOOKING AVAILABLE

USUAL MUSEUM ADMISSION PRICES APPLY | RIDE ADMISSION SEPARATE

info@rafmanston.co.uk

www.rafmanston.co.uk



What Three Words - [remarried.mornings.pave](https://www.what3words.com/remarried.mornings.pave)



Refreshments available

Subject to change due to unforeseen circumstances including, but not limited to, weather conditions, mechanical breakdowns and shortage of volunteers and/or exhibitors.



OUTDOOR ACTIVITIES

Connect with nature and discover a love for the outdoors!

Explore the wonders of the natural world together, through engaging activities in this course. Interactive crafts include leaf printing, making a bird feeder and twig crafts.



Where: Leysdown Family Hub

Date: 27th Oct 2026

Time: 12.30pm - 14.30pm

Ages: 2yrs – 11 yrs

To book a place please contact:

Swalefh@kent.gov.uk

For more information scan the QR code

kentadulthoodeducation.co.uk

FREE, Fun & Informal



Kent Adult Education is part of Community Learning and Skills





Swale Family Hubs

Timetable

7th September - 23rd October 2026

Term Time Only and Excluding Bank Holidays

For more information or to book email:
SwaleFH@kent.gov.uk

Our Family Hubs:

Milton Court Family Hub

Brewery Road
Sittingbourne
ME10 2EE
03000 420899

Murston Family Hub

Tonge Road
Murston
ME10 3NT
03000 420896

All of our groups and services are free to attend.

Monday

Milton Court Family Hub

Little Book Worms
3 week course starting 7th Sept
1 - 4 yrs 10:00 - 11:00

Art at the Start
3 week course starting 28th Sept
Birth - 3 yrs 10:00 - 11:00

Baby Massage
5 week course starting 7th Sept
Birth - 6mths 13:30 - 14:30

Tuesday

Baby Group
For expectant parents/carers and babies until walking
10:00 - 11:00

Compass
10 week course starting 8th Sept
11+ yrs 16:30 - 18:30

Wednesday

Parenting Support Advice
7th Oct
12:00 - 14:00

Time to Shine
6 week course starting 9th Sept
12+ yrs 16:30 - 18:30

Thursday

Speak Out Youth
10th Sept & 8th Oct
16:30 - 18:30

Friday

Stay and Play
Birth - 5yrs
10:00 - 11:00

Murston Family Hub

Childminding Group
9:30 - 11:30

Little Book Worms
3 week courses starting 7th Sept & 28th Sept
1 - 4 yrs 13:30 - 14:30

Stay and Play
Birth - 5yrs
10:00 - 11:00

Citizens Advice Drop-In
11:30 - 13:30

Infant Feeding Support
Drop in Session
09:30 - 11:30

Baby Group
For expectant parents/carers and babies until walking
10:00 - 11:00

Baby Massage
5 week courses starting 10th Sept
Birth - 6mths 10:00 - 11:00

Stay and Play
Birth - 5yrs
13:30 - 14:30

Parenting Support Advice
25th Sept
9:00 - 11:00

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council



Swale Family Hubs

For more information or to book email:
SwaleFH@kent.gov.uk

Timetable

7th September - 23rd October 2026

Term Time Only and Excluding Bank Holidays

Our Family Hubs:

Woodgrove Family Hub

Johnson Road
Sittingbourne
ME10 1JS
03000 420898

Sittingbourne Family Hub

Central Avenue
Sittingbourne
ME10 6AH
03000 413131

All of our groups and services are free to attend.

Monday

Woodgrove Family Hub

Baby Group
For expectant parents/carers & babies until walking
12:30 - 13:30

Infant Feeding Support
Drop in Session
12:30 - 14:30

Healthy Child Clinic
Advice, support & baby weigh in clinic
13:30 - 15:30

Tuesday

SEND Stay and Play
Birth - 5yrs
10:00 - 11:00

Infant Feeding Support
Drop in Session
13:00 - 15:00

Time to Shine
6 week course starting 8th Sept
5 - 7 yrs
16:00 - 17:00

Wednesday

Infant Feeding Support
Drop in Session
09:30 - 11:30

Stay and Play
Birth - 5yrs
13:30 - 14:30

Thursday

Parenting Support Advice
22nd Oct
09:00 - 11:00

Making it Real
4 week course starting 17th Sept
2 - 4 yrs
10:00 - 11:00

Friday

Baby Massage
5 week course starting 11th Sept
Birth - 6mths
13:30 - 14:30

Sittingbourne Family Hub

Parenting Support Advice
19:00 - 19:30
Virtual starting 8th Sept

Little Book Worms
3 week course starting 9th Sept
1 - 4 yrs 10:15 - 11:15

Baby Massage
4 week course starting 30th Sept
Birth - 6mths 10:15 - 11:15

Baby Group
For expectant parents/carers and babies until walking
10:15 - 11:15

Parenting Support Advice
Weekly drop-in
11:00 - 13:00

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council



Swale Family Hubs

For more information or to book email:
SwaleFH@kent.gov.uk

Timetable

7th September - 23rd October 2026

Term Time Only and Excluding Bank Holidays

Our Family Hubs:

Leysdown Family Hub

Warden Bay Road
Leysdown
Sheppey
ME12 4NA
03000 421277

Queenborough Family Hub

3 Railway Terrace
Queenborough
ME11 5AY
03000 413131

All of our groups and services are free to attend.

Monday

Leysdown Family Hub

Infant Feeding Support
Drop-in Session
09:30 - 11:30

Stay and Play
Birth - 5yrs
10:00 - 11:00

Tuesday

Baby Massage
4 week courses starting 15th September
Birth-6mths 10:00-11:00

Wednesday

Baby Group
For expectant parents/carers and babies until walking
10:00 - 11:00

Stay and Play
Birth - 5yrs
13:30 - 14:30

Online Safety
6 week course starting 9th Sept - 7-11 yrs
16:00 - 17:00

Thursday

Parenting Support Advice
10th Sept
10:00 - 12:00

Little Talkers
6 week course starting 10th Sept
2 - 5yrs 13:30 - 14:30

Friday

Queenborough Family Hub

Parenting Support Advice
12th Oct
10:00 - 12:00

Baby Group
For expectant parents/carers and babies until walking
13:30 - 14:30

Little Book Worms
3 week courses starting 9th & 30th Sept
1-4yrs 10:00-11:00

Togetherness
10 week course starting 30th Sept
12:30 - 14:30

Healing Together
6 week course starting 16th Sept
5-7 yrs 16:00 - 17:30

Compass
10 week course starting 10th Sept
11-19 yrs 16:30 - 18:30

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council



Swale Family Hubs

For more information or to book email:
SwaleFH@kent.gov.uk

Timetable

7th September - 23rd October 2026

Term Time Only and Excluding Bank Holidays

Our Family Hubs:

Byssing Wood Family Hub

Lower Road
Faversham
ME13 7NU
03000 417740

Sheppey Gateway

38-42 High Street
Sheerness
ME12 1NL
01795 417850

All of our groups and services are free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Byssing Wood Family Hub

Baby Group

For expectant parents/carers and babies until walking
10:00 - 11:00

Little Book Worms

3 week courses starting
7th Sept & 28th Sept
1 - 4 yrs 13:30 - 14:30

Baby Massage

4 week course starting
15th September
Birth - 6mths 10:00 - 11:00

Healthy Child Clinic

Advice, support & baby weigh in clinic
9:30 - 11:30

Stepping Up

6 week course starting
10th Sept
8 - 11 yrs 16:00 - 17:30

Stay and Play

Birth - 5yrs
10:00 - 11:00

Parenting Support Advice

25th Sept
13:00 - 15:00

SATEDA

Domestic abuse support drop-in session
13:00 - 16:00

Sheppey Gateway

Baby Family & You

4 week course starting
14th Sept
12:30 - 14:30

Baby Group

For expectant parents/carers and babies until walking
10:00 - 11:00

Parenting Support Advice

2nd Oct
13:00 - 15:00

Please Note: Signing in will not be available until 10 minutes before the session starts.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

Information



Online Safety

6 fun interactive sessions for children & young people covering key online safety support. Courses available for 7-11yrs & 11-19yrs. Parent courses also available.

Stepping Up

A 6 week programme for 8 - 11 yr olds to boost confidence, manage emotions and make friends.

NCT Infant Feeding Support

Friendly, free infant feeding support from pregnancy through early parenthood. Trained peer supporters help you feel supported and connected. A great way to meet other parents!

Be You - Sittingbourne

A weekly meet-up for LGBTQ+ young people aged 13 - 17 yrs. Welcoming and non judgmental where they can socialise, have fun & help each other thebeyouproject.co.uk contact Darren on 07966 368528

Making it Real

Practical tips and activities to help parents support early reading and writing at home. Available for 2 - 4yrs

Stay and Play

A relaxed session for families with play, singing, stories and messy fun for children from Birth - 5yrs. **Dads Stay and Play - Saturday 24th October from 9.30-11.00am** at Woodgrove Family Hub email: swalefh@kent.gov.uk to book

Childminding Group

Welcoming all childminders within Swale to come along and explore our playroom. For children from birth - 5yrs

Citizens Advice Drop-In

Get support with cost of living, discrimination, and service access. No appointment needed

Togetherness

10-week course helping parents to understand behaviour and emotions from toddler to teen years.

Healthy Child Clinic

Come along for advice, information and support for you and your child's health and development from your local Health Visiting Team. Also available at Seashells Children & Families Centre Tuesdays 9:15-11:30

Strengthening Family Relationships

A Workshop to help parents reduce conflict and build positive family relationships. email: swalefh@kent.gov.uk

Baby Group

A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For expectant parents and babies who are pre-walking.

Art at the Start

Art at the Start offers the opportunity to connect with your child while having fun together. Join us for a messy, sensory art-making experience! 3 sessions of fun activities, be prepared to get messy! For Children from birth - 3yrs.

Please note:

For Health and Safety reasons there are room capacity limits in place. For more information about opening times, give your local Hub a call.

www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

@SwaleFamilyHubs



@SwaleFamilyHubs



@SwaleFamilyHubs11to19



Information



Introducing Solids

Workshop run with Health Visitors for families preparing to start solids. email: swalefh@kent.gov.uk

Baby Massage

5 week course to learn soothing massage techniques to help your baby relax, sleep better and ease colic. Great for bonding. From Birth - 6 mths.

Time to Shine

Small, supportive groups for children with SEND to build confidence and social skills through fun activities. Courses available for 5 - 7 yrs and 12+ yrs

Healing Together

6 week trauma-informed programme for children aged 5 - 16 yrs to support emotional wellbeing and recovery.

Speak Out Youth

Youth-led projects where young people design and deliver community initiatives and build leadership skills. email: swalefh@kent.gov.uk

Little Book Worms

Step into the magical world of books! 3 Fun sessions with stories and activities. Free book packs included. from 1 - 4yrs

Baby, Family and You

A supportive course for expectant and new parents to build positive routines and confidence in baby's first year.

Parenting Support Advice

Drop in for friendly advice on any parenting questions (Birth - 19 yrs).

SEND Stay and Play

A Stay and Play session for children with Special Educational Needs and Disabilities. An opportunity for parents and carers to receive support and advice. Birth - 5 yrs

Sensory Room

Byssing Wood, Leysdown, Woodgrove. Available from 9am - 4pm. Contact to book a free 45 minute slot.

Compass

A 10 session course helping children aged 11+ yrs manage emotions and develop skills to cope with life's challenges.

Little Talkers

A playful 6 week course for 2 - 5 yr olds to build speech, language and attention skills.

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins? If so, complete this form to order Healthy Start Vitamins to your door.



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week. For more information and how to apply.



Useful Contact Numbers:

Health Visitor 03000 132 204
Midwife: Sittingbourne & Sheppey 01795 879 100 ext 5223
Faversham 01227 864 152

Family Food Bank:

For support or to donate, please visit: www.familyfoodbank.org



www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council